



Spiritual direction is a ministry that intends to help others discern and respond to the work of Christ in their lives for the purpose of spiritual growth and healing. While, at times, I may discuss psychological and relational difficulties, spiritual direction is distinct from other helping professions, such as psychotherapy, pastoral counseling or analysis. Spiritual direction is also not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation, and are purely your responsibility. I may refer you at any time at your request, or in the event that I feel that another professional would better serve you.

I affirm that I am a member of the Evangelical Spiritual Directors Association, and I subscribe to their “Code of Ethics for Christian Spiritual Directors”. I set the fees for my services and my current rate is \$85.00 per session. Typically, spiritual direction sessions are 50 minutes, meeting once every 3 to 4 weeks.

I agree to maintain confidentiality regarding the content shared during the direction sessions, including your identity. I may share aspects of the content shared during your direction session with other spiritual directors for the purposes of supervision and consultation. Your identity, however, will not be revealed and these directors subscribe to the same ethical guidelines as I do. Emergency situations involving the risk of serious harm to you or another may necessitate intervention, as well as abuse to a minor (including child pornography), dependent adults, or elders (adults over 65). At such times I may institute a change in this confidentiality agreement with your knowledge.

Please sign. I will return a copy of this agreement to you.

Directee Name (Please Print)

Date

Directee Signature

Director Name

Date

Director Signature

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